

January 2024 Activity Calendar



Library Books/Magazine Rack GR
Video Library/DVD's/VHS GR
Books on /Tape GR
Movin' Movies Cart GR



Three-tiered white Activity storage bins are located on every floor in the high rise and at the nurses stations on A&B wings.

Decks of cards, dice, adult coloring pages, colored pencils, pens, games, magazines, fidget blankets and other sensory items are housed there for residents, staff & families to use together.

Calendars are subject to change

Key:

| RVR | Riverview Room | GR | Great Room |
|--------------|----------------|-----|-------------------|
| fl/fl | floor to floor | FSR | Fireside Room |
| \mathbf{L} | Lobby/Lounge | HR | Hi-Rise |

A/O Activity Room E Elevator

rm/rm room to room

HVR Harborview Dining Room

GVR Garden View Room





January 2024 St. Luke Health Services Activity Calendar 🐉 💥 💥







| Sunday | Monday 1 | Tuesday 2 | Wednesday 3 | Thursday 4 | Friday 5 | Saturday 6 |
|--------|-----------------------------------|--|--|---|--|-------------------------|
| Lef Îf | Habov | 7:45 Don Knotts Stars In | 8:00 Reba: Brocks | National Trivia Day | National Bird Day | <u>Epiphany</u> |
| SAIATA | | "The Incredible Mr. Limpet" Ch. 45 | Mulligan Ch. 42 | 8:00 This Is Today On NBC Ch. 4 | | Epiphany |
| | inem years | 9:00 New Years Resolution | √ | 9:00 Chronicle A | | |
| | 8:00 The Santa Summit | 9:00 Chronicle B | | 9:00 Stretch 4&5 9:15 In Touch 6&7 | 8:00 King Of Hockey Ch. 45 | 8:00 The Kitchen Ch. 38 |
| | 9:30-12:00 | | 9:15 Stimulating The Senses B | Christmas Tree 4 | 9:00 Walks & Talks 4&5 9:15 Stimulating The | <u>8:30-12:30</u> |
| | Calendar Delivery Fl/ | 9:30 Chronicle A | 9:30 Chronicle B | 10:00 Un Doing Christmas 7 | | Morning Update w/Jenn |
| | Do You Have Any New | 10:00 Visits w/Pastor Dave Fl/ | | 11:00 January Jeopardy A 11:00 Saying Adios To | 10:00 Bible Study w/Pastor Dave Bible RVR | 1.1/ |
| | Year Resolutions? Fl/ | 10:30 Protestant Services RVR | 10:30 Rosary 💃 RVR | Christmas 5 11:30 Undeck The Halls B 11:30 Step To The Beat | STUDY Join us! | The Daily Chronicle Fl/ |
| | Eveny New Year | 11:15 Sci-Fi Movie Search | 1:30 Wiser New | 6&7 | 11:00 Daily Chronicle 6&7 11:15 Do You Hear What I Hear? 4&5 | What Is Epiphany? Fl/ |
| | Funny New Year Resolutions Fl/ | 11:15 January Word | 1:30 New Year Code | | 11:15 Chronicle A 11:30 Have You Been On | <u>1:00-4:00</u> |
| | <u>12:30-3:30</u> | 11:30 Snowball Toss 6&7 | 8 | Resolution? E/ | The Radio? B 1:00 Types Of Birds Word | A Resolution Von Really |
| | What's New In 2024 Fl/ | 1:00 Jack Hannah Q&A A | | | | Stuck To Fl/ |
| | WHAT'S | | | 2:00 Piano Tunes w/Austin Scharff RVR | Favorite Bird? 4&5 | A-Z Resolutions Fl |
| | W | 1:30 Communion A&B 1:30 Back In The Day | | 3:00 Transport Trivia E 3:00 American Brail | 1:30 Famous Radio Personalities A | Ask Google Fl |
| | Top 10 Resolutions Fl/ | | | | 2:00 Bingo RVR | Ask Google 11/ |
| | Monthly Gazette Fl/ | RVR | | | 3:00 Bird Watcher Crossword A | Google |
| | 8:00 Celebrity IOU Ch. 43 | S G G | 3:00 2024 Predictions 6&7 | Billboard Hits Fl/ | | 8:00 Love On The Right |
| | 100 lon | 6:00 Royal Matchmaker | 8:00 Clark Gable Stars In "It Happened One Night" | Who Are The Grimm Brothers? Fl/ | 6:00 Hearts Of Winter Ch. 42 | Course Ch. 42 |
| | - I I Gël | | | 7:00 Wheel Of Fortune Ch. 7 | | |



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| Sunday 7 | Monday 8 | Tuesday 9 | Wednesday 10 | Thursday 11 | Friday 12 | Saturday 13 |
|--|--|--|---|--|---|----------------------------|
| 9:00 The Pioneer Woman Ch. 38 | Elvis' Birthday | 0 0 | 8:00 Reba: Reba & The | National Milk Day | 8:00 Kids Baking | AND BERLIN |
| WOMAN. | ELVIS | 9:00 Leave For SUNY Oswego Hockey Game | | 9:15 Stimulating The Senses | Championship Ch. 38 9:00 Remembering Yesteryear 4&5 | SITURDIY |
| food | | w/Morgan L | 9:15 Stimulating The Senses B | 9:30 Chronicle A | 9:15 In Touch 6&7 | 8:00 Reba Ch. 42 |
| <u>11:30-3:00</u> | 9:00 Walks & Talks 4&5 9:15 Stimulating The | | 9:30 Chronicle B | 9:30 Chronicle B | 9:15 Stimulating The Senses B | <u>8:30-12:30</u> |
| Sunday News & | Senses B | 9:15 Stimulating The Senses B | 9:30 Stretching To Mass 4&5 | 9:30 Get Your Motors Running 4&5 | 9:30 Chronicle B | Morning Announcemen I |
| HOW'S THE WEATHER TODAY? | 9:30 Chronicle B 9:30 Chronicle A | 9:15 In Touch 6&7 | 10:00 Mass RVR | 10:00 Milk & Cookies Social 4&5 | 10:00 Bible Study w/Pastor Dave RVR | The Daily Chronicle |
| SROWS COOKY NAME OF THE PROPERTY OF THE PROPER | 10:00 Elvis Reminisce 4&5 | 9:30 Chronicle B 9:30 Chronicle A | • | 10:15 Nails by Janna B 11:00 Its Snow Time A | 11:15 Chronicle A | Can You Guess What's |
| | 10:15 Bubble Painting B | 10:00 Visits w/Pastor Dave Fl/ | | | 11:15 Do You Have A Favorite Superhero? B | The Bag? |
| The Daily Chronicle Fl/ | | 10:30 Protestant Services RVR | 1:30 Record Single B | 1:30 National Parks A | 11:30 Winter Workout 6&7 | GUESS |
| <u>4:00-6:30</u> | 11:00 Searching For January 6&7 | 11:00 Opposites Word Game | 1:30 Musical Tunes w/Larry Fl/ | 1:30 Have You Been To The Grand Canyon? B | 1:00 Party Detective A | 1:00-3:30 |
| Sunday Words Fl/ | 1:00 Today in History 6&7 1:30 Finish The Lyric B | A 11:15 Tone It Up Tuesday B | | 2:00 Pretty Nails 5 | 1:00 Cranium Crunches 5 | Favorite Songs |
| | 1:30 What Were You | 11:30 Pretty Nails 6&7 | 2:00 Bunco 6 | 2:00 Let's Roll The Dice 7 | | 2:00 Karaoke w/Morga |
| Name 5 Winter Sports Fl/ | Doing In Your 20's? E/ 1:30 Communion HR | 1:30 Put Your Fist's Up B | 2:15 Poets In Love Day B 3:00 Famous Boxers A | 2:15 Have You Kept Your New Years Resolution? B | 1:30 Grab your Lucky Charm Fl/ | Karaoke *** |
| | 2:00 The Sounds Of | 2:00 Boxing w/Lindsay RVR | 3:00 Personal Preference | 4:00-6:30 | 2:00 Bingo RVR | 2 |
| WHAT STATES | Symphoria RVR | 2:30 Favorite Boxing Movies E 2:30 Travel Talk 4&5 | | I Can't Eat Without Milk Fl/ | 3:00 Humor Me E 8:00 My Lottery Dream | 73 |
| 3:00 Hometown Ch. 43 | 3:00 A-Mazing Bubble | | 7:00 No Demo Reno: House Of Quirks Ch. 43 | | | 6:00 Winter In Vail Ch. |
| | Bath A 8:00 A Royal Winter | 8:00 Love, Romance, & Chocolate Ch. 42 | | 8:00 Married To Real Estate Ch. 43 | | |
| | Ch. 42 | | | | | |





January 2024 St. Luke Health Services Activity Calendar







| Sunday 14 | Monday 15 | Tuesday 16 | Wednesday 17 | Thursday 18 | Friday 19 | Saturday 20 |
|----------------------------------|---|---|---|---|--|------------------------------|
| Cay blessed | Martin Luther King Jr. Day | Kismet Ch. 45 | Čh. 3 | 9:15 In Touch 6&7 9:15 Stimulating The Senses B | National Popcorn Day 8:00 House Hunters | Thank God H's Saturday! |
| Sunday | | 9:00 Tone It Up Tuesday 4&5 | | FE | Ch. 42 | |
| | 8:00 100 Day Dream Home: Where Dreams | 9:15 In Touch 6&7 | 9:15 In Touch 6&7 | 9:30 Chronicle A | 9:15 In Touch 6&7 | |
| 11:30-4:00 | Come True Ch. 43 | 9:30 Chronicle B | 9:15 Stimulating The Senses B | 10:00 Wanna Build A Snowman Craft? 7 | 9:15 Stimulating The Senses B | 8:00 The Kitchen Ch. 38 |
| | 9:00 Remembering Martin Luther King Jr 4&5 | 9:30 Tone It Up Tuesday 4&5 | | | 9:30 Chronicle B | <u>9:45-12:00</u> |
| | 9:15 In Touch 6&7 9:15 Stimulating The | | 10:00 Mass RVR | Your Choice B | 9:30 Stepping To Bible | Mornings w/Mallorie Fl |
| Weekly Updates Fl/ | Senses B 9:30 Chronicle B | | 10:30 Rosary RVR | 11:00 Playful Penguins A | Study 4&5 | _ |
| | 9:30 Chronicle A | | 11:15 Chronicle A | 11:15 Calendar Planning 4&5 | 10:00 Bible Study w/Pastor Dave RVR | Who Am I? |
| The Daily Chronicle FI/ | 10:00 Snowman Craft 6 10:30 Nails By Janna B | 11:00 Home Run A | 1:30 Marshmallow Toss 4 | 11:30 Sitercise 6&7 | 11:15 Chronicle A | Who Am (|
| | 11:00 The Importance Of Education A | 11:30 Do you Like Fig Newton's? B | 1:30 Let's Make Puppy Chow B | 11:30 Do You Know Who John Travolta Is? B | 11:15 Happy Birthday Dolly! 4&5 | Riddle Me This Fl |
| 4:30-6:30 | 11:30 Facts About Martin Luther King Jr. 6&7 | 11:30 Bop It 6&7 | 1:30 Musical Tunes | 1:00 Stretches 4&5 | 11:30 Unusual Popcorn | <u>1:00-3:15</u> |
| | 11:30 Let's Learn Something About Martin | 1:00 Leave For Shopping w/Jenn & Mallorie L | · | 1:15 Activity Planning B | Toppings 6&7 | Happy Winter Fl |
| Do You Remember Pez Candies? Fl/ | C | 1:30 Let's Work Your Body B | | | 11:30 Do You Like Spicy Food Or Mild Food B | |
| la 12a zy/Maygay El/ | 1:00 On This Date 4&5 1:30 Let's Play Left Right | | 2:00 Throwing "Snowballs" 5 | 3:00 Synonym Search A | 1:00 Bingo Prep RVR | Reminisce w/Mallorie Fl |
| 1:1's w/Morgan Fl/ | Center B 1:30 Who Is Martin Luther King Jr.? A | 2:00 Morgan's Manis 4 | 2:00 Wine Down And Activity Planning 6 | <u>4:30-6:30</u> | 1:30 Finish The Lyric E/ | |
| Sunday Words Fl/ | 3 | 2:30 Trivia On The Run B | 2:15 Snack Cart B | Book Cart FI/ | 2:00 Bingo RVR | Name That Tune Fl |
| | 2:00 Activity Planning With Wine & Cheese 7 | | 3:00 Spicy Dishes | | 3:00 My Favorite Soup Is E/ | Name That Tune |
| | | • | - • | 1:1's w/Morgan Fl/ | 3:00 Searching For Dolly A | |
| · · | 8:00 King: A Filmed Record Montgomery To | | | 5:00 The Best Years Of Our Lives 1946 Ch. 45 | | 8:00 House Hunters Ch. 43 |
| | Memphis Ch. 43 | A REAL AMERICAN HERO* | | | | CII. 48 |
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January 2024 St. Luke Health Services Activity Calendar







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|--|--|---|---|---|---|---------------------------------|
| | | | National Compliment Day | 8:00 American Pickers | | HAPPY SATURDAY |
| | 8:00 Girl Meets Farm | | 104- | Ch. 39 | 8:00 Fox & Friends Ch. 20 | IMIT MARKONI |
| | Ch. 38 | 8:00 Good Morning America | MAYEME | | 0.00 0 | |
| | 0.00 Ch | Ch. 6 | MAKEME | 9:00 Talks w/Morgan 4&5 | 9:00 Stretch 4&5 | |
| | 9:00 Chronicle A 9:00 Walks 4&5 | 9:15 In Touch 6&7 | 8:00 Delicious Miss. Brown | 9:15 Stimulating The Senses | 9:15 In Touch 6&7 | |
| | 9:15 In Touch 6&7 | 9.13 III Touch 6& 7 | | 9:15 In Touch 6&7 | 9.13 In Touch 0&7 | |
| | | 9:15 Stimulating The Senses | Cn. 30 | | 9:30 Chronicle B | Have a day full of |
| Ch. 38 | | B | 9:15 In Touch 6&7 | | | Jøy, Laughter & Happiness |
| | | | 9:15 Stimulating The | 10:00 Yoga w/Michaela | 10:00 C.N.A Graduation | 7.00 Dector Dilemme |
| <u>1:00-4:00</u> | 9:30 Bunco | | Senses B | n RVR | RVR | 7:00 Doctor Dilemma |
| | Ruice | 9:30 Walking It Out 4&5 | 9:30 Chronicle B | | 10:00 Bible Study | Ch. 35 |
| | 10:00 Soft Hands & | | 9:30 Walking To Mass 4&5 | | w/Pastor Dave GR | <u>8:30-12:00</u> |
| Chronicle Fl/ | Manicures 6&7 | 9:30 Chronicle A | 10.0015 | 11:15 Name That Tune 4&5 | | Chronicle Fl/ |
| | 10.15 D | 10 00 V /D / D EI/ | | 11:15 Trivia On The Wolf | 11:15 Chronicle A | |
| | 10:15 Reminiscing About | 10:00 Visits w/Pastor Dave Fl/ | 10:30 Rosary RVR | Moon B | 11:15 Table Talk 4&5 | Have You Been To A Quilt |
| unday Words Fl/ | The Old Times B | 10:30 Protestant Service RVR | 11.15 Chroniolo | 11:30 My Favorite Thing About Snow 6&7 | 11:15 Table Talk 4&5 | Shop? Fl/ |
| | 10:30 Rolling The Dice 5 | | 11:15 Give Someone A Nice | About Show | 11:30 Burning Calories | 9 tore Quilting |
| osting A New Week | 10.50 Rolling The Dice 5 | | | 1:00 Chronicle A | 6&7 | |
| | 11:00 Mixed Up Hobbies A | 1 v | | 1:30 Exercise Bingo B | | Do You Like Chocolate |
| | 1 | | 1:30 10 Golden | 8 | Words B | Cake? FI/ |
| <u>4:30-6:30</u> | 11:15 Work Your Arms B | 11:30 Car Trivia B | | 2:00 Connect 4 4&5 | | Cake: |
| | | | | 2:00 Let's Play Cards 6&7 | 1:00 National Park | 12 20 2 20 |
| | 11:30 Hall Ball 6&7 | | 1:30 Musical Tunes | 2:30 Did You Ever Clash | History A | <u>12:30-3:30</u> |
| quirrel Facts Fl/ | 1.20 Ct b D | | w/Larry Fl/ | Your Clothes? B | 1.00 D ' E D' | |
| | 1:30 Strawberry Dessert | 1:00 Games We Play B | 2.00 Damamharing Winter | 2.00 Color Theory | 1:00 Prepping For Bingo | Trivia Saturday Fl/ |
| Gone Golfing Fl/ | Cups B 1:30 Communion HR | 2:00 Activity Wacky | 2:00 Remembering Winter Activities 4&5 | S:00 Color Theory A | RVR 1:30 Did You Ever | |
| some Goming FI/ | | | 2:00 A Compliment & A | 4:30-6:30 | Watch E/ | Walks & Talks 🛛 🚕 Fl/ |
| | 2:00 Craft Corner HR GR | | Kiss 6&7 | 1.50 0.50 | L/ | |
| | | 2 - 1 | 2:30 What Are Some | Wolf Facts Fl/ | 2:00 Bingo RVR | |
| Back In Fashion Fl/ | 2:30 Dessert Cart B | | Games You Used To Play? | | | Finish The Song Fl |
| | | 3:00 Time Spent Together | | Belly Laugh FI/ | O. S. N. 1 s | |
| | 8:00 Celebrity IOU Ch. 42 | 6&7 | 3:00 History Of Gymnastics | | 8:00 My Lottery Dream | |
| :00 Home Town | | | A | | Home Ch. 42 | 8:00 "S-Mothered" |
| Ch. 43 | | | 3:00 Good Humor 6&7 | 8:00 Married To Real-estate | | Ch. 35 |
| | | 8:00 Fixer to Fabulous | 7:00 Lone Star Law Ch. 54 | Ch. 43 | | Cn. 55 |
| +00 | + | CII. 42 | 1.00 Lune Star Law Cli. 54 | ± | + | + () + |
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| PROFESSIONALS Spreading Cheer All Year | PROFESSIONALS Spreading Cheer All Year | PROFESSIONALS Spreading Cheer All Year | PROFESSIONALS Spreading Cheer All Year | PROFESSIONALS Spreading Cheer All Year | PROFESSIONALS Spreading Cheer All Year | Spreading Cheer All Year |





January 2024 St. Luke Health Services Activity Calendar







| Sunday 28 | Monday 29 | Tuesday 30 | Wednesday 31 | Thursday | Friday | Saturday |
|--|--|--|--|-------------|--------|------------------|
| | 7:00 Enjoying Everyday Life w/Joyce Meyer Ch. 40 9:15 In Touch 6&7 | 9:00 Live w/Kelly & Mark Ch. 4 9:15 In Touch 6&7 | National Hot Chocolate Day | | | |
| | 9:15 Chronicle B 9:30 Walking & Talking 4 | 9:15 Stimulating The Senses B | 8:00 American Pickers Ch. 39 | | | |
| 11:30 Magnolia Table With Joanna Gaines | 9:30 Chronicle A 10:00 Snowball Throw | 9:30 Chronicle B | 9:15 In Touch 6&7 9:15 Stimulating The Senses B | | | |
| 11:30-4:00 Chronicle Fl/ | | 9:30 Chronicle A | 9:30 Chronicle B 9:30 Stretching To Mass 4&5 | 1 | | 3 |
| Sunday Words Fl/ | 11:00 Sunflower Mining A 11:00 Searching For January B | RVR 11:15 Bowling Party | 10:00 Mass 10:30 Rosary RVR RVR | State of | | |
| What Kind Of Pancakes Do You Like? FI/ | | 11:15 New & Old Gadgets 4&5 11:15 Trivia Tuesday B | 1:00 History Of Hot | the section | | |
| 4:30-6:30 Putting Up A New | Blizzard Of '66 6&7 1:30 Baseball Trivia A | 11:30 Movin To The Beat | Homemade Soup? B 1:30 Musical Memories w/Larry Fl/ 1:30 Name Three 4&5 | | | |
| | 1:30 Communion A&B 2:00 Friendship Charms 5 | Croissant A | 2:00 Episcopal Service RVR 2:30 Enjoying Some Hot | | | |
| | | & Morgan HR GR | Coco B 3:00 Did You Have A Favorite Sledding Hill? E/ | | | |
| Tom Selleck Is? Fl/ 8:00 Worst Cooks In | 7:00 Wheel Of Fortune Ch. 7 | 3:00 My Favorite Comfort Food E/ | 3:00 Searching For Jackie A 8:00 MasterChef Ch. 7 | Q O B | | ange of the same |
| America Ch. 38 | | 3:00 Dinosaur Land A | o.vv master chei Ch. / | © PNTS | | |
| | | 7:30 Jeopardy Ch. 7 | | | | |